



## Our Team

Our mission at Riverview Psychiatric Medicine is to address the physiological and psychological aspects of each patient to create the optimal treatment plan. We offer **medication management**, **Transcranial Magnetic Stimulation (TMS)** the breakthrough technology for treatment resistant depression, **genetic testing** to personalize medication treatment selection, **serum biomarker testing** to diagnose depression, **nutritional and bioidentical hormone supplementation**, **psychotherapy**, **career coaching and consulting**.



Randy Pardell, MD, DFAPA



Terri Coonrad-Hershkowitz, NP-P



Ellyn Enisman, CEC, LMSW



Virginia Coleman, LCSW-R



Randy I. Pardell MD DFAPA is board certified, Castle Connolly Top Doctor and Distinguished Fellow of the American Psychiatric Association. Dr. Pardell has been a psychiatrist in the Hudson Valley for over 25 years. In 2009, he established the *TMS Center of the Hudson Valley*, offering patients state of the art treatment for resistant depression. Transcranial Magnetic Stimulation Therapy (TMS) offers hope to those who are unresponsive to medication, experience unwanted side effects from medication, or those opting for alternative modalities. Our practice has a clinically proven response rate in treating depression symptoms with TMS of greater than 72%

Dr. Pardell completed TMS fellowships at the Harvard School of Medicine and the Duke University School of Medicine. He is a nationally recognized speaker and educator, lecturing on the latest treatments for psychiatric disorders. Contact our office for a consultation.

We offer community educational events. Our next complimentary event:

### TMS Educational Seminar

**Date: Saturday February 15 2014**

**Time: 3 PM**

**Place: Riverview Psychiatric Medicine**

**370 Violet Avenue**

**Poughkeepsie, NY 12601**

Please call the office **845-471-1807**, or email us at [info@riverviewpsychiatric.com](mailto:info@riverviewpsychiatric.com) to reserve your seat.

## Services We Provide

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- Medication Management
- Pharmacogenomic Testing to individualize medication selection
- Serum Biomarker Testing to diagnose Depression
- Nutritional and Bioidentical Hormone Supplementation
- Transcranial Magnetic Stimulation therapy for Depression
- Psychotherapy for individuals, couples and families
- Career Coaching/Consulting

### Contact Information

[www.riverviewpsychiatric.com](http://www.riverviewpsychiatric.com)

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Office Hours: Monday-Thursday 8:30 AM-7:00 PM

Friday: 8:30 AM-4:00 PM



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